

I Can Handle This

By Stephanie Downard

“There hath no temptation taken you but such as is common to man: but God is faithful, who will not suffer you to be tempted above that ye are able; but will with the temptation also make a way to escape, that ye may be able to bear it.” 1 Corinthians 10:13.

I've been on my knees more times than I can count. I would say, "God, I just can't handle anymore!" Yet, the trials kept coming, and my hurt, and depression grew deeper. Those emotions would turn to anger, and I would wonder why God was doing this to me. Was I truly being punished or was there a higher purpose I wasn't seeing? The simple answer was, that I was so wrapped up in trying to fix my own problems, that I took them out of God's hands.

I'm not saying that you will see results by lying in bed waiting for God to fix it for you. We must be active in fixing our problems. But, it all needs to begin with faith, prayer, and seeking God's wisdom.

“And Jesus said unto them, because of your unbelief: for verily I say unto you, If ye have faith as a grain of mustard seed, ye shall say unto this mountain, Remove hence to yonder place; and it shall remove; and nothing shall be impossible unto you.” Matthew 17:20. If faith that size can move mountains, why can't it heal illness, protect loved ones, or help you in times of struggle?

When faced with challenges, we need to stop, and think about what God is trying to show us. We may not understand at that time, but God wants nothing but the best for us. We need to trust in Him.

Maybe He wants you to let go of something, forgive someone, or put Him first in your life. Whatever the reason, all will be revealed in the Lord's time.

In the story of Job, we see a man who was tested beyond what many of us have ever endured. But, Job remained true to God, and was greatly rewarded at the end of his test.

I personally refuse to let Satan win. Yes, I've shed some tears, and had moments of doubt. But, when you give your troubles to God, watch what happens.

I have received prayers from unexpected people, including a girl who said she didn't believe in God. If God can change her heart, if even for a moment, what can He do in your life?

So, in the big picture, my struggles in life have opened the door to a greater work. And, I truly believe that God will guide me, and help me through my trials. And, He will do the same for you.

Just remember this. With God's love in our lives, we can handle anything life throws our way. END